| Health Conditions and Behaviors |
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| * What health conditions are most commonly seen in your health center’s patient population? * What health behaviors do you observe in patients who have these conditions? * What treatment interventions does your health center use most often to treat these conditions? * What health behaviors could be helpful for your patient population to improve health outcomes? * How does your health center promote health behavior change? |

| Strategies to Promote Change |
| --- |
| * How do the strategies described in this presentation align with your current practices? * Which strategies could you implement to enhance current practices? * How would stage-based strategies and interventions promote behavior change with your patient population? |

| Implementing Stage-based Behavior Change Interventions |
| --- |
| * What strengths does your organization have that would help with implementing stage-based behavior change planning and intervention(s)? * Who might be on a change-planning team to help implement these strategies and interventions? Who is missing? * What challenges might you face in adding or improving your organization’s use of stage-based behavior change interventions? * How might you partner with identified champion(s) and/or clinical and administrative leadership to build departmental/organizational buy-in for stage-based interventions? |

| Notes |
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| Action Steps  *Two things I will do in the next two weeks to further implement/enhance  my use of stage-based behavior changes at my organization* |
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