| Health Conditions and Behaviors |
| --- |
| * What health conditions are most commonly seen in your health center’s patient population?
* What health behaviors do you observe in patients who have these conditions?
* What treatment interventions does your health center use most often to treat these conditions?
* What health behaviors could be helpful for your patient population to improve health outcomes?
* How does your health center promote health behavior change?
 |

| Strategies to Promote Change |
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| * How do the strategies described in this presentation align with your current practices?
* Which strategies could you implement to enhance current practices?
* How would stage-based strategies and interventions promote behavior change with your patient population?
 |

| Implementing Stage-based Behavior Change Interventions |
| --- |
| * What strengths does your organization have that would help with implementing stage-based behavior change planning and intervention(s)?
* Who might be on a change-planning team to help implement these strategies and interventions? Who is missing?
* What challenges might you face in adding or improving your organization’s use of stage-based behavior change interventions?
* How might you partner with identified champion(s) and/or clinical and administrative leadership to build departmental/organizational buy-in for stage-based interventions?
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| Notes |
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| Action Steps*Two things I will do in the next two weeks to further implement/enhance my use of stage-based behavior changes at my organization* |
| --- |
| 1.
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