

Treating Alcohol Use Disorder in an Integrated Care Setting

November 13, 2025

1:00 to 1:30 p.m. ET

Disclosure

This webinar was produced for the Health Resources and Services Administration (HRSA), Bureau of Primary Health Care under contract number 47QRAA18D00FZ/75R60224F80097. This publication lists non-federal resources in order to provide additional information to consumers. Neither HHS nor HRSA has formally approved the non-federal resources in this manual. Listing these is not an endorsement by HHS or HRSA.

Submitting Questions and Comments

- Submit questions by using the questions-and-answer (Q&A) feature. To open your Q&A window, click the Q&A icon at the bottom center of your Zoom window.
- If you experience any technical issues during the webinar, please message us through the chat feature.

Presenter



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Session Objective

Participants of today's session will be able to:

- Describe how to develop a patient-directed treatment plan to manage alcohol use disorder (AUD) in an integrated care setting.



Polling Question

Which of the following challenges do you face when collaborating with patients to manage AUD in your health center? (Select all that apply)

- a. Limited knowledge of evidence-based AUD treatments (e.g., medications, counseling approaches)
- b. Challenges with screening and identifying patients with AUD
- c. Limited provider training specific to integrated AUD treatment
- d. Stigma around AUD among staff or patients
- e. Lack of provider follow-up on treatment
- f. Other...share your response in the Q&A

What is Screening?

Screening is a process for evaluating the potential presence of a problem.

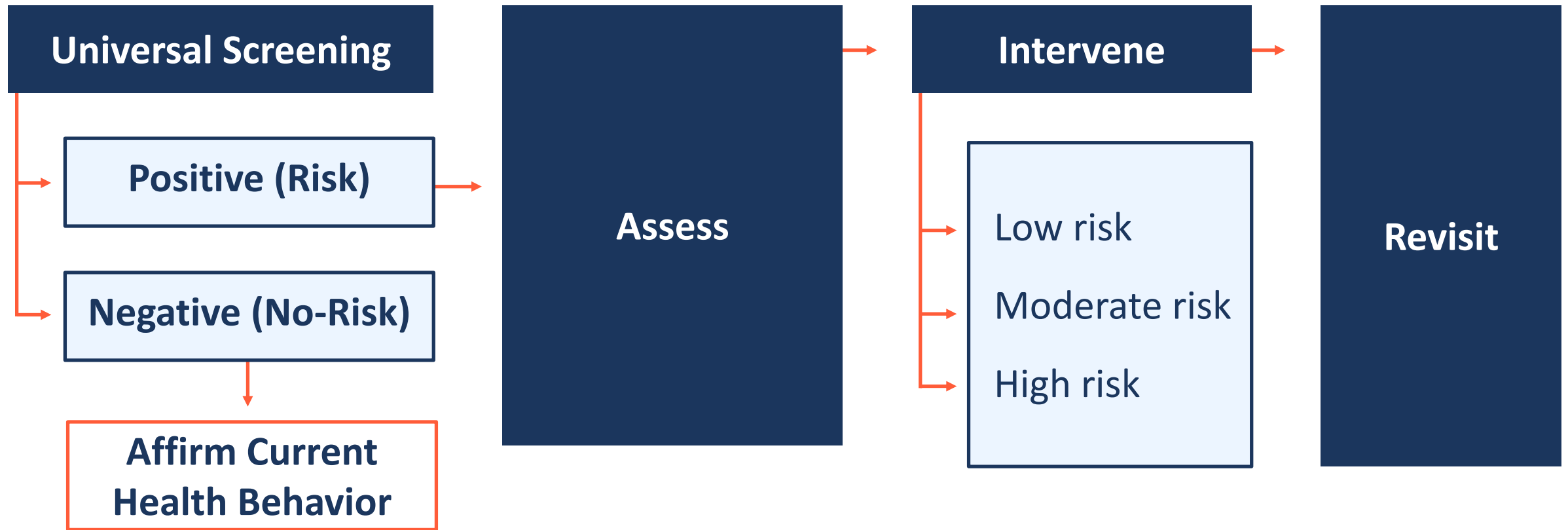


What is an Assessment?



- An assessment is a process for defining the nature of the problem, determining a diagnosis, and developing specific treatment recommendations for addressing the problem or diagnosis
- Informs recommendations for further assessment, treatment intensity, treatment setting, and supportive services

Response to Screening for Alcohol Use



Options for Managing AUD

Behavioral health interventions

- Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Motivational interviewing
- Cognitive-behavioral therapy
- Mindfulness-based
- Contingency management
- 12-step facilitation
- Couples or family therapy

Food and Drug Administration (FDA)-approved medication interventions

- Acamprosate
- Naltrexone
- Disulfiram

SBIRT is a
framework based
on “motivational
interviewing”
strategies

Requires coordination between clinical and operations staff to effectively implement.

There are **two key aspects** of the SBIRT process:

- **Risk stratification**
- Using **Motivational Interviewing** throughout each step of the SBIRT process for better outcomes

Tobacco, Alcohol, Prescription medication, and other Substance use (TAPS) Tool for Screening and Assessment

Screening

- **Frequency of substance use in the past 12 months**
- **Positive or negative**

Assessment

- **Follows up on substance(s) with a positive screen**
- **Reviews substance use within the past 3 months**

View the Tobacco, Alcohol, Prescription medication, and other Substance use (TAPS) Tool at <https://nida.nih.gov/taps2/>

The Role of MI After A Positive Screening

- Engage
- Focus
- Empower
- Negotiate a plan



Summary

- Universal screening helps reduce stigma and normalize talking about alcohol use
- Treatment interventions may include a combination of behavioral health and medications, depending on the acuity and patient's readiness to change
- Follow-up on screening/assessment and interventions is key

Resources/References (1)

- Substance Abuse and Mental Health Services Administration (SAMHSA). (2024). *Screening, Brief Intervention, and Referral to Treatment (SBIRT)*. <https://www.samhsa.gov/substance-use/treatment/sbirt>
- National Institute on Drug Abuse (NIDA). (2023, January). *Screening and Assessment Tools Chart*. NIDAMED. <https://nida.nih.gov/nidamed-medical-health-professionals/screening-tools-resources/chart-screening-tools>
- SAMHSA. (2021). *Using Motivational Interviewing in Substance Use Disorder Treatment*. <https://library.samhsa.gov/sites/default/files/PEP20-02-02-014.pdf>
- Centers for Disease Control and Prevention (CDC). (2024, May 15). *Training: Motivational Interviewing*. <https://www.cdc.gov/overdose-prevention/hcp/trainings/motivational-interviewing.html>
- SAMHSA. (2019). *Enhancing Motivation for Change in Substance Use Disorder Treatment*. <https://library.samhsa.gov/sites/default/files/tip-35-pep19-02-01-003.pdf>

Resources/References (2)

- CDC. (n.d.) *Conversation Starter: Clinicians. Motivational Interviewing to Help Your Patients Seek Treatment.* https://www.cdc.gov/overdose-prevention/media/pdfs/2024/04/Conversation-Starter_Motivational-Interviewing_FINAL_4_11_2024.pdf
- National Institute on Alcohol Abuse and Alcoholism (NIAAA). (2025, May 8). *Alcohol Use Disorder: From Risk to Diagnosis to Recovery.* <https://www.niaaa.nih.gov/health-professionals-communities/core-resource-on-alcohol/alcohol-use-disorder-risk-diagnosis-recovery#pub-toc7>
- NIAAA. (2023, October 6). *How to Apply the Core Resource on Alcohol in Clinical Practice.* <https://www.niaaa.nih.gov/health-professionals-communities/core-resource-on-alcohol/how-apply-core-resource-alcohol-clinical-practice>

Health Center Satisfaction Assessment

We'd love your feedback on today's session!

Please take 2 minutes to complete the Health Center TA Satisfaction Assessment.

You must complete the assessment to claim continuing education credit.

Thank you for your time!



[https://www.surveymonkey.com/
r/TreatingAUDWebinar](https://www.surveymonkey.com/r/TreatingAUDWebinar)

Thank you!

